

## P'TI DEJ



LE FRANÇAIS 12,50  
CROISSANT, TARTINE, BEURRE, CONFITURE,  
JUS D'ORANGE PRESSÉ, BOISSON CHAUDE

LONDON BREAKFAST 16,50  
OEUF BROUILLÉS, TOASTS CÉRÉALES,  
JUS D'ORANGE PRESSÉ, BOISSON CHAUDE

BREAKFAST MAISON 18,50  
OMELETTE, TOMATES, OIGNONS, CHAMPIGNONS,  
DINDE FUMÉE, EMMENTAL, TOASTS,  
JUS D'ORANGE PRESSÉ, BOISSON CHAUDE

## CROISSANT SALÉ

- OEUF BROUILLÉS, FROMAGE FRAIS, SAUMON FUMÉ, AVOCAT, SALADE 13,00
- OEUF BROUILLÉS, FROMAGE FRAIS, DINDE FUMÉE, AVOCAT, SALADE 12,00
- TOMATES, MOZZARELLA, BASILIC, GUACAMOLE, FROMAGE FRAIS 11,00
- OMELETTE FROMAGE, CHAMPIGNONS, ORIGAN, FROMAGE FRAIS 12,00
- POULET, FROMAGE FRAIS, SAUCE FROMAGÈRE CHEDDAR, SALADE 12,00
- OEUF POCHÉ, FROMAGE FRAIS, GUACAMOLE, SAUMON FUMÉ, SAUCE HOLLANDAISE, SALADE 13,50

## OMELETTE+SALADE

- NATURE 7,50
- FROMAGE 8,90
- CHAMPIGNONS 9,90
- AVOCAT 10,90
- ÉPINARDS, TOMATE, CHAMPIGNONS, OIGNONS 10,90
- AVOCAT+SAUMON 11,90



## OEUF BROUILLÉS+SALADE

- NATURE 7,50
- CHAMPIGNONS, PARMESAN 10,90
- BRISURES DE TRUFFES, CIBOULETTE 12,90

## PANCAKES (X4)

- BANANE, NOISETTES, FRUITS ROUGES 8,90  
NAPPAGE AU CHOIX :  
CAMEL, CHOCOLAT, SIROP D'ÉRABLE, COULIS FRUITS ROUGES, MIEL
- SPÉCULOS ÉMIETTÉ, CAMEL 9,90
- MASCARPONE, CRÈME PISTACHE, CAMEL, FRUITS ROUGES 10,90
- MASCARPONE, SPÉCULOS ÉMIETTÉ, CHOCOLAT, FRUITS ROUGES 10,90
- MASCARPONE, CRÈME PISTACHE, SIROP D'ÉRABLE, FRUITS ROUGES 10,90

## PAIN PERDU

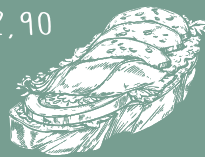
- BANANE, NOISETTES, FRUITS ROUGES, 9,90  
NAPPAGE AU CHOIX :  
CAMEL, CHOCOLAT, SIROP D'ÉRABLE, COULIS FRUITS ROUGES, MIEL
- BANANE, MIEL, CANNELLE, NOISETTES 11,00
- BANANE, NOISETTES, CRÈME PISTACHE 12,00
- MASCARPONE, CRÈME PISTACHE, FRUITS ROUGES 12,50
- MASCARPONE, BRISURES DE SPÉCULOS, FRUITS ROUGES 12,00

## SUPPLÉMENTS:

- TOASTS CÉRÉALES 1,00
- PAIN PITA 2,00
- FROMAGE 2,00
- FRITES 3,00
- DINDE FUMÉE 3,00
- POULET MULTI-CÉRÉALES 3,00
- SAUMON 4,00
- LÉGUMES SAUTÉS 4,00
- CHAMPIGNONS 2,00
- TOMATES 2,00
- POMMES DE TERRE 4,00
- OEUF POCHÉ X2 3,00
- OEUF AU PLAT X2 3,00
- OEUF BROUILLÉS 3,00
- AVOCAT 3,00
- BRISURES DE TRUFFES 4,00

## AVOCADO TOAST+SALADE

- AVOCAT, FROMAGE FRAIS, SAUMON, FÊTA 13,90
- AVOCAT, FROMAGE FRAIS, DINDE FUMÉE, FÊTA 12,90
- AVOCAT, FROMAGE FRAIS, OEUF BROUILLÉS, FÊTA 11,90
- GUACAMOLE, OEUF BROUILLÉS, CHAMPIGNONS 12,90
- VEGAN : GUACAMOLE, LÉGUMES SAUTÉS : POIVRONS, OIGNONS, CHAMPIGNONS, TOMATES 12,00
- AVOCAT, FROMAGE FRAIS, TOMATES, MOZZARELLA, BASILIC 11,90
- AVOCAT, MIEL, GRAINES DE CHIA 9,90



## SHAKSHUKA



15 MINUTES

- POULET 14,50  
SAUCE TOMATE, OEUF, POULET, POIVRONS, OIGNONS, FÊTA, PAIN PITA
- KEFTA 15,90  
SAUCE TOMATE, OEUF, KEFTA, POIVRONS, OIGNONS, FÊTA, PAIN PITA
- GARDEN 16,50  
SAUMON, OEUF, CRÈME FRAÎCHE, AVOCAT, CHAMPIGNONS, ÉPINARDS, FÊTA, TOASTS, CÉRÉALES
- VEGAN 14,50  
SAUCE TOMATE, POIVRONS, OIGNONS, AVOCAT, SALADE VERTE



## HEALTHY BOWL



- CÉSAR 12,50  
SALADE, TOMATES, POULET MULTI-CÉRÉALES, CROÛTONS, PARMESAN, SAUCE CÉSAR
- HEALTHY POULET 14,50  
SALADE, TOMATES, AVOCAT, QUINOA, POULET MULTI-CÉRÉALES, CHOU ROUGE, CAROTTES, CONCOMBRES
- HEALTHY SAUMON 15,50  
SALADE, TOMATES, AVOCAT, QUINOA, SAUMON FUMÉ, CHOU ROUGE, CAROTTES, CONCOMBRES
- VEGAN 14,50  
SALADE, QUINOA, TOMATES, AVOCAT, FALAFELS, CHOU ROUGE, CAROTTES, CONCOMBRES
- SUMMER BOWL 16,50  
SALADE, TOMATES, BURRATA, FRUITS ROUGES, SAUCE BASILIC

## FISH AND CHIPS 15,50

BEIGNETS DE CALAMARS,  
FILET DE CABILLAUD PANÉ,  
JOELS FRITS, FRITES



## BOISSONS FRAICHES



- EAU PLATE 2,00
- SODA 33CL 3,00
- SAN PELLEGRINO 3,00
- EAU DETOX 3,00
- CONCOMBRE, MENTHE, CITRON
- LIMONADE 3,50
- VIRGIN MOJITO 3,80
- JUS D'ORANGES PRÉSSÉES 4,50
- CITRONNADE MAISON 4,50
- SUPPLÉMENT SIROP 1,00
- MENTHE, FRAISE, GRENADINE

## BAGELS



- AVOCAT SAUMON 14,50  
SAUMON, FROMAGE FRAIS, AVOCAT, SALADE
- AVOCAT POULET 13,90  
POULET MULTI-CÉRÉALES, FROMAGE FRAIS, AVOCAT, SALADE
- AVOCADO 12,50  
FROMAGE FRAIS, OEUF BROUILLÉS, AVOCAT, SALADE
- AVOCAT DINDE 13,50  
DINDE FUMÉE, FROMAGE FRAIS, OEUF BROUILLÉS, AVOCAT, SALADE
- GUACAMOLE SAUMON 14,50  
GUACAMOLE, SAUMON FUMÉ, SALADE
- VEGAN 12,90  
GUACAMOLE, CHAMPIGNONS, POUSSÉS D'ÉPINARD

## BURGERS



- NYC 12,90  
SALADE, TOMATE, CHEDDAR, STEAK, OEUF, SAUCE AU CHOIX
- MAISON 13,90  
SALADE, TOMATE, CHEDDAR, STEAK, OIGNONS CARAMELISÉS, SAUCE AU CHOIX
- CHICKEN 13,50  
SALADE, TOMATE, CHEDDAR, POULET MULTI-CÉRÉALES, SAUCE AU CHOIX
- VEGAN 14,90  
SALADE, TOMATE, STEAK VÉGÉTAL, GUACAMOLE, SAUCE AU CHOIX
- FERMIER 15,50  
CHÈVRE, EMMENTAL, DINDE FUMÉE, STEAK, GALETTE DE POMMES DE TERRE, SALADE, TOMATES, SAUCE AU CHOIX
- ACCOMPAGNEMENT :  
FRITES OU POMMES DE TERRE, SALADE
- SAUCE AU CHOIX :  
MAYONNAISE, KETCHUP, MOUTARDE, SAMOURAÏ, BLANCHE, BARBECUE.

## SMOOTHIES

- DETOX 6,90  
CONCOMBRE, MENTHE, CITRON  
ORANGE, GINGEMBRE
- ENERGIZER 6,50  
ORANGE, CAROTTE, GINGEMBRE
- EXOTIQUE 6,90  
ORANGE, MANGUE, ANANAS
- SWEETY 6,50  
FRAISE, BANANE, LAIT
- TUTTI FRUTTI 7,50  
ORANGE, FRAISE, BANANE, MANGUE
- AMANDE EXTRA 7,90  
LAIT D'AMANDE, BANANE, MANGUE,  
GRAINES DE CHIA

AVOCADO 7,90  
AVOCAT, LAIT D'AMANDE

BERRY 7,90  
MYRTILLES, BANANE,  
LAIT D'AVOINE

SUPPLÉMENT LAIT VÉGÉTAL 1,00



ORIGINE VIANDE : FRANCE - EUROPE  
SI VOUS ÊTES ALLERGIQUE MERCI DE LE PRÉCISER AVANT VOTRE COMMANDE  
TARIF EN EUROS €

## BREAKFAST



LE FRANÇAIS 12,50  
CROISSANT, BAGUETTE BREAD, BUTTER, JAM,  
FRESH ORANGE JUICE, HOT DRINK

LONDON BREAKFAST 16,50  
SCRAMBLED EGGS, WHOLEGRAIN TOAST,  
FRESH ORANGE JUICE, HOT DRINK

BREAKFAST MAISON 18,50  
OMELET, TOMATOES, ONIONS, MUSHROOMS, SMOKED TURKEY,  
EMMENTAL, TOASTS, FRESH ORANGE JUICE, HOT DRINK

## FILLED CROISSANT

-SCRAMBLED EGGS, CREAM CHEESE, SMOKED SALMON, 13,00  
AVOCADO, SALAD

-SCRAMBLED EGGS, CREAM CHEESE, SMOKED TURKEY, 12,00  
AVOCADO, SALAD

-TOMATOES, MOZZARELLA, GUACAMOLE, BASIL, 11,00  
CREAM CHEESE, PESTO SAUCE

-OMELET, CHEESE, MUSHROOMS, OREGANO, CREAM CHEESE 12,00

-CRISPY CHICKEN, CREAM CHEESE, CHEDDAR SAUCE, 12,00  
SALAD

-POACHED EGG, CREAM CHEESE, GUACAMOLE, 13,50  
SMOKED SALMON, HOLLANDAISE SAUCE, SALAD

## OMELETTE+SALAD

PLAIN 7,50

CHEESE 8,90

MUSHROOMS 9,90

AVOCADO 10,90

SPINACH, TOMATOES, MUSHROOMS, ONIONS 10,90

AVOCADO+SMOKED SALMON 11,90



## SCRAMBLED EGGS + SALAD

PLAIN 7,50

MUSHROOMS, PARMESAN, 10,90

TRUFFLE BREAKINGS, CHIVES 12,90

## PANCAKES (X4)

-BANANA, HAZELNUT, RED FRUITS, 8,90  
TOPPING OF YOUR CHOICE :  
CARAMEL, CHOCOLATE, MAPLE SYRUP, RED FRUITS SYRUP, HONEY

-BISCOFF CRUMBS, CARAMEL, RED FRUITS, BANANA 9,90

-MASCARPONE, PISTACHIO CREAM, CARAMEL, RED FRUITS 10,90

-MASCARPONE, BISCOFF CRUMBS, CHOCOLATE, RED FRUITS 10,90

-MASCARPONE, PISTACHIO, MAPLE SYRUP, RED FRUITS 10,90

## FRENCH TOAST

BANANA, HAZELNUT, RED FRUITS, 9,90  
TOPPING OF YOUR CHOICE :  
CARAMEL, CHOCOLATE, MAPLE SYRUP, RED FRUITS SYRUP, HONEY

BANANA, RED FRUITS, HONEY, CINNAMON, HAZELNUT 11,00

BANANA, RED FRUITS, HAZELNUT, PISTACHIO CREAM 11,00

MASCARPONE, PISTACHIO CREAM, RED FRUITS 12,00

MASCARPONE, BISCOFF CRUMBS, CARAMEL, RED FRUITS 12,50

MASCARPONE, BISCOFF CRUMBS, CHOCOLATE, RED FRUITS 12,00

## EXTRAS:

WHOLEGRAIN TOAST 1,00

PITA BREAD 2,00

CHEESE 2,00

FRENCH FRIES 3,00

SMOKED TURKEY 3,00

CRISPY CHICKEN 3,00

SMOKED SALMON 4,00

ROASTED VEGGIES 4,00

MUSHROOMS 2,00

TOMATO 2,00

POTATOES 4,00

POACHED EGGS X2 3,00

FRIED EGG X2 3,00

SCRAMBLED EGGS 3,00

AVOCADO 3,00

TRUFFLE BREAKINGS 4,00



## AVOCADO TOAST+SALAD



AVOCADO, CREAM CHEESE, SMOKED SALMON, FETA 13,90

AVOCADO, CREAM CHEESE, SMOKED TURKEY, FETA 12,90

AVOCADO, CREAM CHEESE, SCRAMBLED EGGS, FETA 11,90

GUACAMOLE, SCRAMBLED EGGS, MUSHROOMS 12,90

GUACAMOLE, SCRAMBLED EGGS, 12,50  
MUSHROOMS

VEGAN: GUACAMOLE, 12,00  
ROASTED VEGGIES:  
BELLPEPPERS, ONIONS, MUSHROOMS, TOMATOES

AVOCADO, CREAM CHEESE, TOMATOES, 11,90  
MOZZARELLA, BASIL, PESTO SAUCE

AVOCADO, HONEY, CHIA SEEDS 9,90

## SHAKSHUKA



CHICKEN 14,50 15 MINUTES  
TOMATO SAUCE, EGGS, CHICKEN, BELLPEPPERS,  
ONIONS, FETA, PITA BREAD

KEFTA 15,90  
TOMATO SAUCE, EGGS, KEFTA, BELLPEPPERS,  
ONIONS, FETA, PITA BREAD

GARDEN 16,50  
COOKED SALMON, EGGS, CRÈME FRAÎCHE,  
AVOCADO, MUSHROOMS, SPINACH, FETA,  
WHOLEGRAIN TOASTS

VEGAN 14,50  
TOMATO SAUCE, BELLPEPPERS, ONIONS,  
AVOCADO, SPINACH, SALAD

## HEALTHY BOWL



CÉSAR 12,50  
SALAD, TOMATOES, CRISPY CHICKEN, CROUTONS,  
PARMESAN, CÉSAR SAUCE

HEALTHY POULET 14,50  
SALAD, TOMATOES, AVOCADO, QUINOA, CRISPY CHICKEN,  
RED CABBAGE, CARROTS, CUCUMBERS

HEALTHY SAUMON 15,50  
SALAD, TOMATOES, AVOCADO, QUINOA, SMOKED SALMON,  
RED CABBAGE, CARROTS, CUCUMBERS

VEGAN 14,50  
SALAD, QUINOA, TOMATOES, AVOCADO, FALAFELS,  
RED CABBAGE, CARROTS, CUCUMBERS

SUMMER BOWL 16,50  
SALAD, TOMATOES, BURRATA, RED FRUITS, BASIL SAUCE

## FISH AND CHIPS 15,50

FRIED CALAMARI, FRIED  
COD FILET, FRIED JOLS,  
FRENCH FRIES



## COLD DRINKS



STILL WATER 2,00

SODA 33CL 3,00

SAN PELLEGRINO 3,00

DETOX WATER 3,00  
CUCUMBER, MINT, LEMON

LIMONADE (SPARKLING) 3,50

VIRGIN MOJITO 3,80

FRESH ORANGE JUICE 4,50

HOMEMADE LEMONADE 4,50

EXTRA SYRUP 1,00  
MINT, STRAWBERRY, GRENADINE

## BAGELS



SALMON 14,50  
SMOKED SALMON, CREAM CHEESE, AVOCADO, SALAD

CHICKEN 13,90  
CRISPY CHICKEN, CREAM CHEESE, AVOCADO, SALAD

OMELETTE 12,50  
CREAM CHEESE, SCRAMBLED EGGS, AVOCADO, SALAD

TURKEY 13,50  
SMOKED TURKEY, CREAM CHEESE, SCRAMBLED EGGS,  
AVOCADO, SALAD

GUACAMOLE SALMON 14,50  
GUACAMOLE, SMOKED SALMON, SALAD

VEGAN 12,90  
GUACAMOLE, MUSHROOMS, SPINACH

## BURGERS



NYC 12,90  
SALAD, TOMATO, CHEDDAR, STEAK, FRIED EGG,  
SAUCE OF YOUR CHOICE

MAISON 13,90  
SALAD, TOMATO, CHEDDAR, STEAK,  
CARAMELISED ONIONS, SAUCE OF YOUR CHOICE

CHICKEN 13,50  
SALAD, TOMATO, CHEDDAR, CRISPY CHICKEN,  
SAUCE OF YOUR CHOICE

VEGAN 14,90  
SALAD, TOMATO, VEGGIE STEAK, GUACAMOLE,  
SAUCE OF YOUR CHOICE

FERMIER 15,50  
GOAT CHEESE, EMMENTAL, SMOKED TURKEY, STEAK,  
RÖSTI, SALAD, TOMATO, SAUCE OF YOUR CHOICE

SIDES: FRENCH FRIES OR POTATOES, SALAD

SAUCES: MAYONNAISE, KETCHUP, MUSTARD, SAMOURAI,  
GREEK, BARBECUE

## SMOOTHIES

DETOX 6,90  
CUCUMBER, MINT, LEMON, ORANGE, GINGER

ENERGIZER 6,50  
ORANGE, CARROT, GINGER

EXOTIQUE 6,90  
ORANGE, MANGO, PINEAPPLE

SWEETY 6,50  
STRAWBERRY, BANANA, MILK

TUTTI FRUTTI 7,50  
ORANGE, STRAWBERRY, BANANA, MANGO

AMANDE EXTRA 7,90  
ALMOND MILK, BANANA, MANGO, CHIA SEEDS

AVOCADO 7,90  
AVOCADO, ALMOND MILK

BERRY 7,90  
BLUEBERRY, BANANA, OAT MILK

EXTRA VEGETAL MILK 1,00



MEAT ORIGIN : FRANCE - EUROPE  
IF YOU SUFFER FROM ANY ALLERGIES, PLEASE SPECIFY BEFORE ORDERING  
TARIF EN EUROS €